

# TRANSITION PROGRAMME STRUCTURE

PHASE	WHEN	CONTENT	DELIVERY
Phase 1 Administration & Logistics	Pre-arrival	<ul style="list-style-type: none"><li>• CAO process</li><li>• Offer acceptance</li><li>• Registration</li><li>• Finding accommodation</li><li>• Financial assistance</li><li>• Introduction to student life</li></ul>	Orientation website Social media Welcome pack
Phase 2 Academic & Socialization	Orientation & Teaching Week 1	<ul style="list-style-type: none"><li>• Meeting classmates</li><li>• Course information</li><li>• Mentoring</li><li>• Clubs &amp; Societies</li><li>• Introduction to College &amp; services</li><li>• Practical information</li></ul>	Orientation events Lectures & classes Orientation website
Phase 3 Transition	First Semester	<ul style="list-style-type: none"><li>• First semester weekly programme</li><li>• Themed weeks (eg. Basics, academic support, staying healthy, mental health, study skills etc)</li><li>• Information, advice &amp; activities</li><li>• In-depth information on College &amp; services</li></ul>	S2S Mentors Orientation website Social media

# TRINITY IN TWELVE WEEKS

**1**  
**BASICS**

**2**  
**YOUR TRINITY  
TOOLKIT**

**3**  
**MAKING THE  
MOST OF  
COLLEGE**

**4**  
**STUDY SKILLS**

**5**  
**HEALTHY  
BODY**

**6**  
**HEALTHY  
MIND**

**7**  
**CHECKPOINT**

**8**  
**HEALTHY  
RELATIONSHIPS**

**9**  
**MANAGING YOUR  
MONEY**

**10**  
**EXAM SKILLS**

**11**  
**LOOKING  
AHEAD**

**12**  
**END OF  
SEMESTER**